



While we take every precaution to prevent cross-contamination, items are prepared in a space where allergens may be present. Because of this, we cannot guarantee that any menu item is 100% free of allergens. Please notify a member of our team of any allergies or intolerances.

Key: blank space = does not contain. Y = allergy present. MC = may contain.

	Celery	Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame	Soya	Sulphites
Essex Coffee blend														
Decaf														
Bradfield's dairy milk							Y							
Glebe farm Almond milk										Y				
Glebe Farm Coconut milk													Y	
Glebe Farm Soya milk													Y	
Glebe Farm Oat milk														
Tiptree		Y		MC			Y			MC	MC	MC	MC	

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Patisserie - Choc Chip Shortbread														
Tiptree Patisserie - Millionaire's Shortbread		Y		MC			Y			MC	MC		MC	
Tiptree Patisserie - Rocky Road		Y		MC			Y			MC	MC	MC	Y	
Tiptree Patisserie - White chocolate & raspberry muffin		MC		Y			Y			MC	MC	MC	Y	
Tiptree Patisserie - Blueberry muffin		Y		Y			Y			MC	MC	MC		
Tiptree Patisserie - Chocolate muffin		Y		Y			Y			MC	MC	MC	Y	
Tiptree Patisserie - Vegan		Y		MC			MC			MC	MC		Y	

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[illegible]

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[illegible]

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ry														
Tiptree Jars - Lemon Curd				Y			Y							
Tiptree Jars - Passionfruit Curd				Y			Y							
Tiptree Jars - Clear honey														
Tiptree Jars - Essex Blossom														
Tiptree Jars - Old Times Marmalade														
Tiptree Jars - Peanut Butter									MC	MC	Y			
Tiptree Jars - Morello Cherry														
	Celery	Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame	Soya	Sulphites
The deli bakery - Sausage		Y					Y							MC

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[illegible]

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[illegible]

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[illegible]

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ry														
Simply syrups - Lemonade cooler														
Simply syrups - Cherry														
Simply syrups - Maple spice														
Simply syrups - Cinnamon bun														
Simply syrups - Toffee apple														
Simply syrups - Toasted marshmallow														
	Celery	Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame	Soya	Sulphites
Simply syrups - Caramel sauce				MC			Y							
Simply syrups - Pitscacho sauce							Y			Y	MC		Y	

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[illegible]

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[illegible]